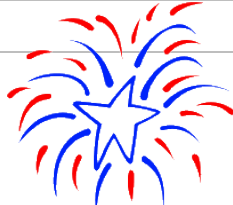






LUNCH MENU - JULY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Polish sausage Baked beans Bun, mustard Potato wedges Pears	2 Salisbury steak Potatoes – gravy Spinach Cake	3 Tortilla soup Green bean salad Green salad Chips, salsa Tropical fruit	4  CLOSED FOR HOLIDAY	5 BBQ Chicken Corn Cabbage Gelatin
8 Chicken breast Potatoes – gravy Broccoli Lemon pudding	9 Hamburger - bun Lettuce-onion-pickles Potato salad Baked beans Hot fruit compote	10 Spaghetti & meat sauce Green salad Green beans Hot peach crisp	11 Pinto beans & ham Creamy slaw Corn relish Mixed fruit Cornbread	12 Tuna salad Tomatoes & cucumbers Carrots Cookie 
15 BBQ pork Bun Potato casserole Pineapple	16 Chef's salad Pea salad Crackers Birthday cake 	17 Swiss steak Hominy Spinach Pudding	18 Turkey salad Broccoli cheese soup Carrot salad Mixed fruit 	19 Taco salad Chili beans Chips, salsa Bread pudding
22 Chicken fried steak Potatoes – gravy Greens Mixed fruit	23 Turkey and rice Green salad Green beans Hot fruit compote	24 Taco soup Coleslaw Pickled beets Chips, salsa Peaches	25 Cold plate - turkey, cheese, bun lettuce, pickles Vegetable salad Gelatin	26 Ham Sweet potatoes Broccoli Brownie
29 Franks – bun - mustard Peas & carrots Sauerkraut Pears 	30 Confetti beans & ham Tomato relish Coleslaw Mixed fruit Cornbread	31 Chef's salad Turkey - cheese - egg Potato salad Green salad Cake		